

In case of Fire:

- 1. Raise the alarm
- 2. Evacuate people from the area to the SAFE ASSEMBLY POINT
- 3. Activate any emergency shut down systems
- 4. Dial 111 for any emergency services
- 5. Call your Parish Advisor

In case of Earthquake:

DURING EARTHQUAKE

- Keep clam
- Stay indoors where practical
- Keep away from windows and heavy furniture
- Take cover use a doorway or get under a strong table or other sturdy structure

AFTER EARTHQUAKE, if the building is damage

- Turn off water, electricity and gas at mains
- Conserve your water
- Get in touch with surrounding neighbours they may need help
- When help is needed go to your nearest civil defence post
- Advise Parish of damage sustained

FLOOD

- Be prepared to get to high ground
- Turn off electricity and gas supplies
- Do not go into floodwaters alone
- Do not go sightseeing
- Do not drink floodwater
- Move valuables, clothing, food and medicines above if it is safe to do so
- Avoid backflow from drains and toilets use bungs or sandbags and weigh down

If you lose power: Call the local Power Sub-Contractor immediately.

If you lose gas supplies: Call the local Gas Sub-Contractor immediately.

If you hit a Telecommunications cable: Call 124 immediately.

If there is a fall from heights when using Fall Restraint / Arrest.

Refer to Heights Rescue as part of the SWMS. This will be reviewed and discussed with all applicable Workers on site prior to starting work and after any changes to methodology.

In the case of electric shock

- Turn the power source off.
- To assist the casualty if the power cannot be turned off, use heavy insulating dry gloves, or something made of rubber, dry cloth or wood to free the casualty.
- Start resuscitation immediately if breathing is not evident.
- Leave equipment as is.
- Attach an "Equipment Unsafe" tag to the power source isolating switch.
- Notify your Supervisor immediately.

In the event of structural collapse or crushing

- Secure the situation by blocking or otherwise supporting the weight to prevent further injury or death.
- Call Emergency Services.
- Do not attempt to move the victim until medical assistance is available, unless the victim is in grave danger from further crushing.
- Keep the victim calm and comfortable.

In the case of chemical exposure (refer to SDS)

- For splashes with acids or alkaline, wash off immediately with copious amount of cold water.
- For swallowed fluids do not induce vomiting but seek medical attention immediately.
- Phone 0800 POISON, (0800 764 766).